

# *Post-trip* reflection for students



## 01. What if the world was your classroom?

- How did travelling change your idea of what a classroom is?
- What would make your classroom more like your travel program?
- What connections to your school curriculum did you discover while travelling?
- What did you learn that you couldn't have learned from a textbook?
- What did you see that moved you to think more deeply?



## 02. Can travelling help you understand yourself and others?

- What did you learn about yourself from travelling?
- What skills did you gain from travelling?
- What challenges did you face and how did you overcome them?
- What did you learn about how you learn?
- What did you learn about your peers that you wouldn't have known had you not travelled with them?



## 03. What can you bring back from travel?

- What are you able to bring back home that will help you in your daily life?
- What non-physical things are you bringing back with you?
- What physical things did you bring back with you and what are their meanings?
- Did you bring back any gifts? If so, what are you attempting to share with the recipient?
- What do you value the most of the things you have brought back?



**WorldStrides®**  
Educational Travel & Experiences

# *Post-trip* reflection for students



## 04. What new perspectives were you exposed to while travelling?

- What is something about your travel experience that surprised you?
- What similarities and differences did you discover between your travel destination and your home community?
- How did you assimilate to the culture/language in your destination?
- Did you stand out as a tourist while travelling?
- Would you like to return to your travel destination? Why/why not?

---

## 05. What will you do differently next time you travel?

- Where would you spend more and less time?
- What would you change if you planned the trip yourself?
- What advice would you give to future travellers based on your experiences?
- Did you enjoy travelling? Are you motivated to travel to new places? If so, where and why?



---

## 06. What is the value of post-trip reflection?

- What would be missing if you didn't engage in reflection?
- How is your reflection unique to you? Are your classmate's reflections similar or different from yours?
- What is the connection between experience, reflection, and growth?
- What insights from your reflection can you apply for the future?



**WorldStrides®**  
Educational Travel & Experiences